
Designed and made by Sally Ablett - Throw 1
Size of runner 46 " $\times 46$ " - unfinished block size $81 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$

Main Diagram

## Requirements

Fabrics from the Grandma`s Quilt collection

1. A774.1-Ditzy floral on cream $-3 / 8 y d-40 \mathrm{~cm}$
2. A775.3-Flower dot red - fat $1 / 4$
3. A776.2-Small flowers on blue $-3 / 8 y d$
4. A777.2-Heart gingham blue - fat $1 / 4$
5. A778.3 - Flower chains on dark blue $-3 / 8 y d-40 \mathrm{~cm}$
6. BB01-White - 1yd - 1m
7. BB29-Indigo - 1yd - 1m

Wadding and backing 50" x 50"

## Cutting

## From fabric 1 cut

$13 \times 41 / 2^{\prime \prime} \times 41 / 22^{\prime \prime}$ (block 1 )

## From fabric 2 cut

$52 \times 27 / 8^{\prime \prime} \times 2^{7} / 8^{\prime \prime}$ cut in half diagonally once (block 1 )

## From fabric 3 cut

$12 \times 51 / 4$ " $\times 51 / 4$ " cut in half diagonally twice (block 2 )

## From fabric 4 cut

$48 \times 21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ (block 2)

## From fabric 5 cut

$12 \times 5 \frac{1}{4}$ " $\times 51 / 4^{\prime \prime}$ cut in half diagonally twice (block 2 )

## From fabric 6 cut

$13 \times 51^{\prime \prime} \times 51 / 4^{\prime \prime}$ cut in half diagonally twice (block 1 )
$48 \times 27 / 8^{\prime \prime} \times 2^{7 / 8 "}$ cut in half diagonally once (block 2)
$2 \times 1{ }^{\circ} \mathrm{\prime} \mathrm{\prime} \times 42^{1 / 2}$ " top \& bottom (inner border)
$2 \times 1 \frac{1}{2 \prime \prime} \times 401 / 2^{\prime \prime}$ sides (inner border)
$4 \times 21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ (corners on outer border)

## From fabric 7 cut

$4 \times 21 / 2^{\prime \prime} \times 421 / 2^{\prime \prime}$ (outer border)
$52 \times 21 / 2 " \times 2 ½ "($ block 1$)$

## Blocks



Block 1 diagram


Block 2 diagram

## Block 1.

Lay out the fabric pieces for the block as in the diagram.
Sew a small triangle on the long side to each side of the larger triangle on the short side. This is a Flying Geese block.
Lay out the block pieces. Stitch the rows together and then sew your rows to complete the block. Sew 13 in total.

## Block 2.

You have a Flying Geese block again, so sew as before. The center you will stitch two of the triangles together to make a larger triangle. Do this to the other set. Stich the two tringles together to made a square.
Place the pieces as in the diagram for block 2. Stitch in rows and then sew the rows together to complete the block. Sew 12 in total.

## Making up quilt center

Lay out the blocks as in the main diagram.
Sewing in rows. If you press your seams to the left and then on the next row to the right. This will help when sewing the rows together.
5 blocks by 5 blocks.

## Borders

## Inner border

Stitch the sides $1 \frac{1}{2 \prime \prime} \times 401 / 2^{\prime \prime}$ to the throw press back and then the top and bottom $1 \frac{1}{2} 2^{\prime \prime} \times 421 / 22^{\prime \prime}$.

## Outer border

Take 2 strips $21 / 2^{\prime \prime} \times 42^{1} 2^{\prime \prime}$. Stitch to the sides of the throw, press back.
On the other 2 strips add a square to each end.
Sew to the top and bottom to the throw to complete.

## Quilting and binding

Sandwich the quilt top, wadding and backing together.
Quilt by hand or machine as desired.
Trim the backing and wadding to size of quilt.
Bind quilt with fabric 7 .


6

Designed and made by Sally Ablett - Throw 2
Size of runner 46 " $\times 46$ " - unfinished block size $8 \frac{1}{2}$ " $\times 81 / 2^{\prime \prime}$

Main Diagram

## Requirements

Fabrics from the Grandma`s Quilt collection

1. A774.2-Ditzy floral on blue $-3 / 8 y d-40 \mathrm{~cm}$
2. A775.1-Flower dot blue - fat $1 / 4$
3. A776.3-Small flowers on natural $-3 / 8 y d$
4. A777.3-Heart gingham red - fat $1 / 4$
5. A778.1-Flower chains on blue $-3 / 8 \mathrm{yd}-40 \mathrm{~cm}$
6. BB01-White - 1yd - 1m
7. BB03-Light grey $-1 \mathrm{yd}-1 \mathrm{~m}$

Wadding and backing 50 " $\times 50$ "

## Cutting

From fabric 1 cut
$13 \times 41 / 2$ " x 4½" (block 1)
From fabric 2 cut
$52 \times 27 / 8^{\prime \prime} \times 2^{7 / 8 "}$ cut in half diagonally once (block 1 )
From fabric 3 cut
$12 \times 51 / 4$ " $\times 51 / 4$ " cut in half diagonally twice (block 2 )
From fabric 4 cut
$48 \times 2 ½$ " $2^{11 / 2 " ~(b l o c k ~ 2) ~}$
From fabric 5 cut
$12 \times 51 / 4$ " $\times 5 \frac{1}{4}$ " cut in half diagonally twice (block 2)
From fabric 6 cut
$13 \times 51^{1 / 4} \times 51 / 4$ " cut in half diagonally twice (block 1 )
$48 \times 27 / 8^{\prime \prime} \times 2^{7} / 8^{\prime \prime}$ cut in half diagonally once (block 2 )
$2 \times 10^{\prime \prime} \times 42^{1 / 2}$ " top \& bottom (inner border)
$2 \times 1 \frac{1}{2}$ " $\times 401 / 2{ }^{\prime \prime}$ sides (inner border)
$4 \times 21 / 22^{\prime \prime} \times 21 / 2^{\prime \prime}$ (corners on outer border)

## From fabric 7 cut

$4 \times 21 / 2^{\prime \prime} \times 421 / 2^{\prime \prime}$ (outer border)
$52 \times 21122^{\prime \prime} \times 11 / 2$ " (block 1)

## Blocks



Block 1 diagram


Block 2 diagram

## Block 1.

Lay out the fabric pieces for the block as in the diagram.
Sew a small triangle on the long side to each side of the larger triangle on the short side. This is a Flying Geese block.

Lay out the block pieces. Stitch the rows together and then sew your rows to complete the block. Sew 13 in total.

## Block 2.

You have a Flying Geese block again, so sew as before. The center you will stitch two of the triangles together to make a larger triangle. Do this to the other set. Stich the two tringles together to made a square.
Place the pieces as in the diagram for block 2. Stitch in rows and then sew the rows together to complete the block. Sew 12 in total.

## Making up quilt center

Lay out the blocks as in the main diagram.
Sewing in rows. If you press your seams to the left and then on the next row to the right. This will help when sewing the rows together.

5 blocks by 5 blocks.

## Borders

## Inner border

Stitch the sides $1 \frac{1}{2 \prime \prime} \times 401 / 2^{\prime \prime}$ to the throw press back and then the top and bottom $1 \frac{1}{2} 2^{\prime \prime} \times 42^{112} 2^{\prime \prime}$.

## Outer border

Take 2 strips $21 / 2^{\prime \prime} \times 42^{1} / 2^{\prime \prime}$. Stitch to the sides of the throw, press back.
On the other 2 strips add a square to each end.
Sew to the top and bottom to the throw to complete.

## Quilting and binding

Sandwich the quilt top, wadding and backing together.
Quilt by hand or machine as desired.
Trim the backing and wadding to size of quilt.
Bind quilt with fabric 7 .


Sally Ablett © 2023


Designed and made by Sally Ablett - Throw 3
Size of runner $46 " \times 46$ " - unfinished block size $81 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$


Main Diagram

## Requirements

Fabrics from the Grandma`s Quilt collection

1. A774.2-Ditzy floral on blue $-3 / 8 y d-40 \mathrm{~cm}$
2. A775.1-Flower dot blue - fat $1 / 4$
3. A776.3-Small flowers on natural $-3 / 8 y d$
4. A777.3-Heart gingham red - fat $1 / 4$
5. A778.1-Flower chains on blue $-3 / 8 \mathrm{yd}-40 \mathrm{~cm}$
6. BB01-White - 1yd - 1m
7. BB03-Light grey $-1 \mathrm{yd}-1 \mathrm{~m}$

Wadding and backing 50" x 50"

## Cutting

## From fabric 1 cut

$13 \times 41 / 2^{\prime \prime} \times 41 / 22^{\prime \prime}$ (block 1 )

## From fabric 2 cut

$52 \times 27 / 8^{\prime \prime} \times 2^{7 / 8 "}$ cut in half diagonally once (block 1 )

## From fabric 3 cut

$12 \times 51 / 4$ " $\times 5 \frac{1}{4} 4^{\prime \prime}$ cut in half diagonally twice (block 2 )

## From fabric 4 cut

$48 \times 21 / 2^{\prime \prime} \times 21 / 2 "$ (block 2)

## From fabric 5 cut

$12 \times 51 / 4$ " $\times 5 \frac{1}{4} 4^{\prime \prime}$ cut in half diagonally twice (block 2 )

## From fabric 6 cut

$13 \times 5 \frac{1}{4} \times 51 / 4$ " cut in half diagonally twice (block 1 )
$48 \times 27 / 8^{\prime \prime} \times 2^{7} / 8^{\prime \prime}$ cut in half diagonally once (block 2 )
$2 \times 10^{\prime \prime} \times 42^{1 / 2}$ " top \& bottom (inner border)
$2 \times 1 \frac{1}{2 \prime} \times 401 / 2^{\prime \prime}$ sides (inner border)
$4 \times 21 / 21 \times 21 / 2^{\prime \prime}$ (corners on outer border)
From fabric 7 cut
$4 \times 21 / 22^{\prime \prime} \times 42^{1} / 2^{\prime \prime}$ (outer border)
$52 \times 21 / 2^{\prime \prime} \times 21 / 2 "$ (block 1 )

## Blocks



Block 1 diagram


Block 2 diagram

## Block 1.

Lay out the fabric pieces for the block as in the diagram.
Sew a small triangle on the long side to each side of the larger triangle on the short side. This is a Flying Geese block.

Lay out the block pieces. Stitch the rows together and then sew your rows to complete the block. Sew 13 in total.

## Block 2.

You have a Flying Geese block again, so sew as before. The center you will stitch two of the triangles together to make a larger triangle. Do this to the other set. Stich the two tringles together to made a square.
Place the pieces as in the diagram for block 2. Stitch in rows and then sew the rows together to complete the block. Sew 12 in total.

## Making up quilt center

Lay out the blocks as in the main diagram.
Sewing in rows. If you press your seams to the left and then on the next row to the right. This will help when sewing the rows together. 5 blocks by 5 blocks.

## Borders

## Inner border

Stitch the sides $11 / 2^{\prime \prime} \times 401 / 2^{\prime \prime}$ to the throw press back and then the top and bottom $1 \frac{1}{2} 2^{\prime \prime} \times 42^{112} 2^{\prime \prime}$.

## Outer border

Take 2 strips $21 / 2^{\prime \prime} \times 42^{1} 2^{\prime \prime}$. Stitch to the sides of the throw, press back.
On the other 2 strips add a square to each end.
Sew to the top and bottom to the throw to complete.

## Quilting and binding

Sandwich the quilt top, wadding and backing together.
Quilt by hand or machine as desired.
Trim the backing and wadding to size of quilt.
Bind quilt with fabric 7 .


